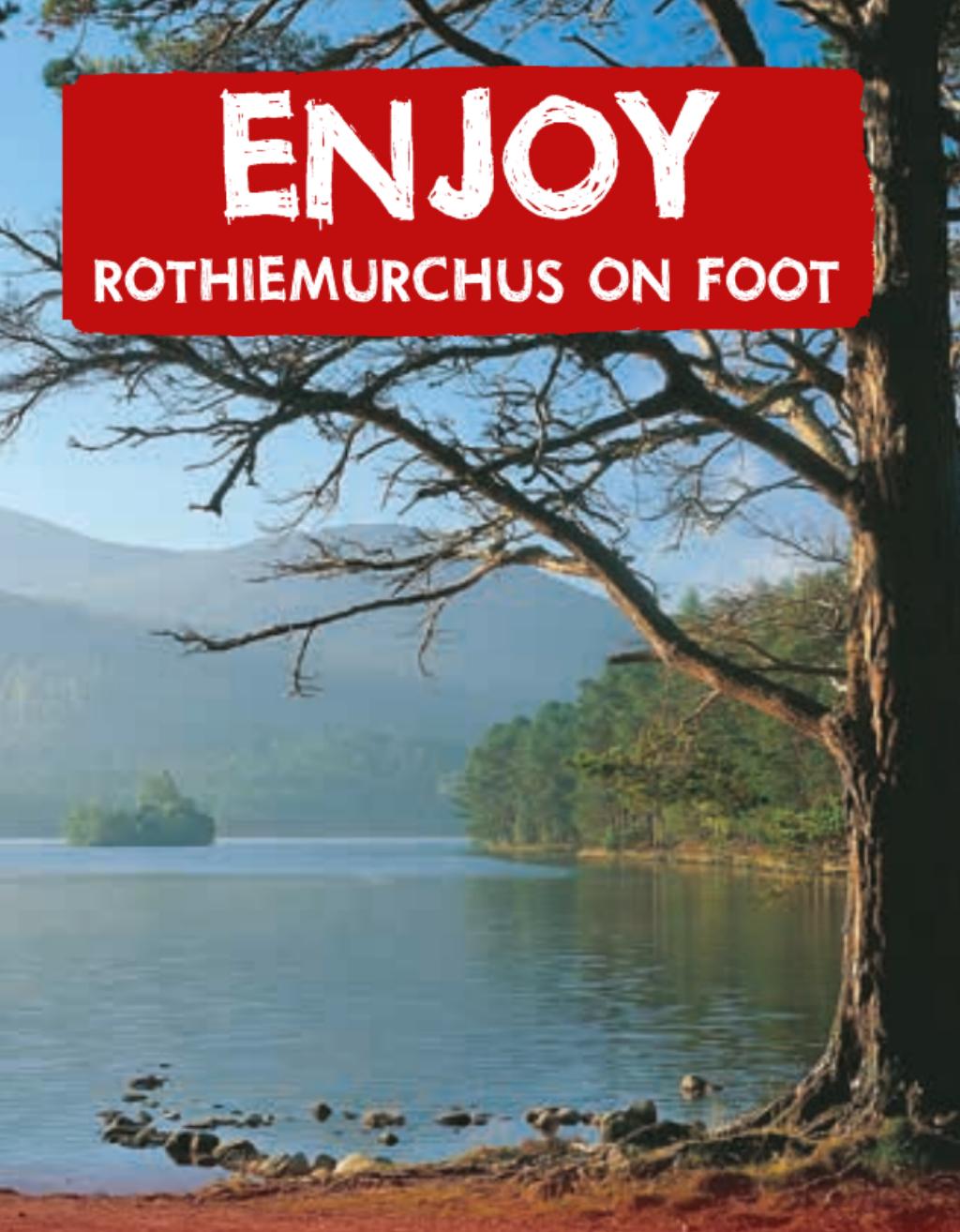


ENJOY ROTHIEMURCHUS ON FOOT



Loved by generations,
cared for by you

www.rothiemurchus.net





Loved by generations, cared for by you

"Rothiemurchus Forest is not just trees, but a wonderfully rich network of habitats and wildlife, interdependent and evolving. The conservation of this diverse, living landscape does not happen by accident. Long-term planning and sensitive use maintain and enhance the forest for future generations. Thank you for your help."

James Grant, Rothiemurchus



friendly ROTHIEMURCHUS RANGERS



help you enjoy special places in Rothiemurchus and The Cairngorms National Park sustainably; the longest established private estate Ranger service in the U.K is here for you.

01479 812911
Text: 07887 648675
rangers@rothie.net
www.rothiemurchus.net



ROTHIEMURCHUS

We have chosen our favourite routes with stunning scenery, to suit all ages and abilities, relaxing, peaceful, away from the stresses of daily life. Perfect for friends and families to share quality time together, for inspiring wildlife lovers, explorers, photographers and for making wonderful memories.

Walking through this 'breathtaking' place where nature and people have thrived together for thousands of years; you'll be rewarded with wildness, ancient forest, wonderful hidden views and unique wildlife.

Buying this map and paying to park helps care for this special place – thank you.

visit ROTHIEMURCHUS CENTRE...

Visit our friendly Centre at Inverdrue. Every cuppa, tasty treat, gift, card, produce – everything you buy helps look after this special place so you can enjoy and endangered wildlife can thrive.

THE BARN CAFE AND TAKEAWAY - the perfect way to end your bracing walk or leisurely stroll. Expertly made coffees, teas and hot chocolate, soups, burgers and daily specials. Everything is lovingly homemade.

FARM SHOP - A foodies haven. Exceptional, dry aged Rothiemurchus grass fed, pure bred Highland beef and velvety forest venison from our 'in house' butcher, Rothiemurchus honey, Scottish and European cheeses, chocolates, deli, homemade meals, organic eggs, chutneys, wines, local beers, and much more... We really care about our food.

GIFT, CRAFT + CARD SHOPS - Carefully chosen to tempt, amuse and remind you of a special place.

OUTDOOR ACTIVITIES + INFORMATION - Enjoy a huge choice of carefully selected, guided or instructed activities in this amazing place, book online at www.rothiemurchus.net



DO NOT LIGHT FIRES



share with
care
Natura 2000 protected area
Important wildlife breeding site March to August

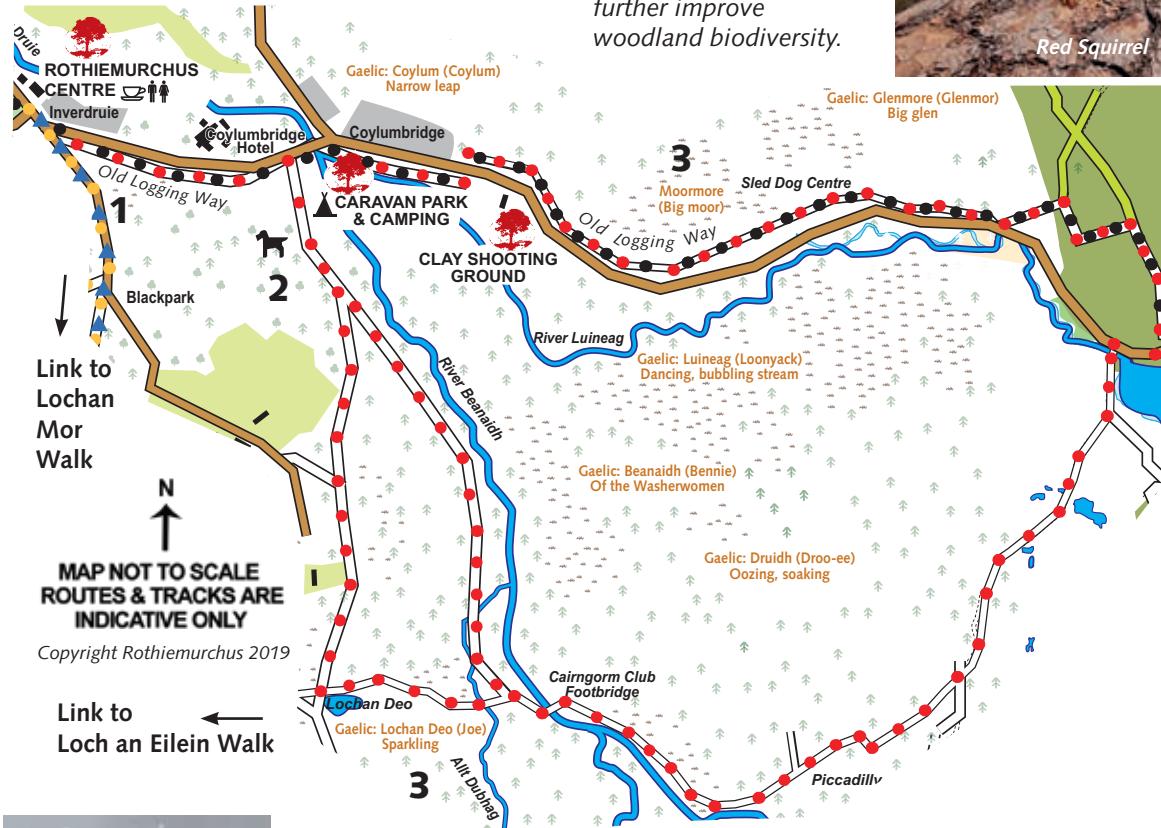
Ask a friendly Rothiemurchus Ranger - we are here to help
01479 812911
Text: 07887 648675
rangers@rothie.net

KEY

- ● ● Old Logging Way (Aviemore - Glenmore)
- ● ● Long Walk (2 options)
- ● ● Lochan Mor Walk
- ● ● Loch an Eilein Walk
- ● ● Dog Exercise Area
- ● ● Public Road
- ● ● Glenmore Forest Trails
- ● ● Track
- ● ● Woodland
- ● ● Heathland
- ● ● Picnic Area
- ● ● Refreshments (Loch an Eilein seasonal)
- ● ● Fields
- ● ● Glenmore Forest Park
- ● ● Camping - facilities
- ● ● Public Toilet

The Long Walk

Distance: 10 miles (16.5 km)
Time: 4-5 hours
Wear sturdy shoes or boots
Paths may be wet, muddy, icy, rough or uneven.

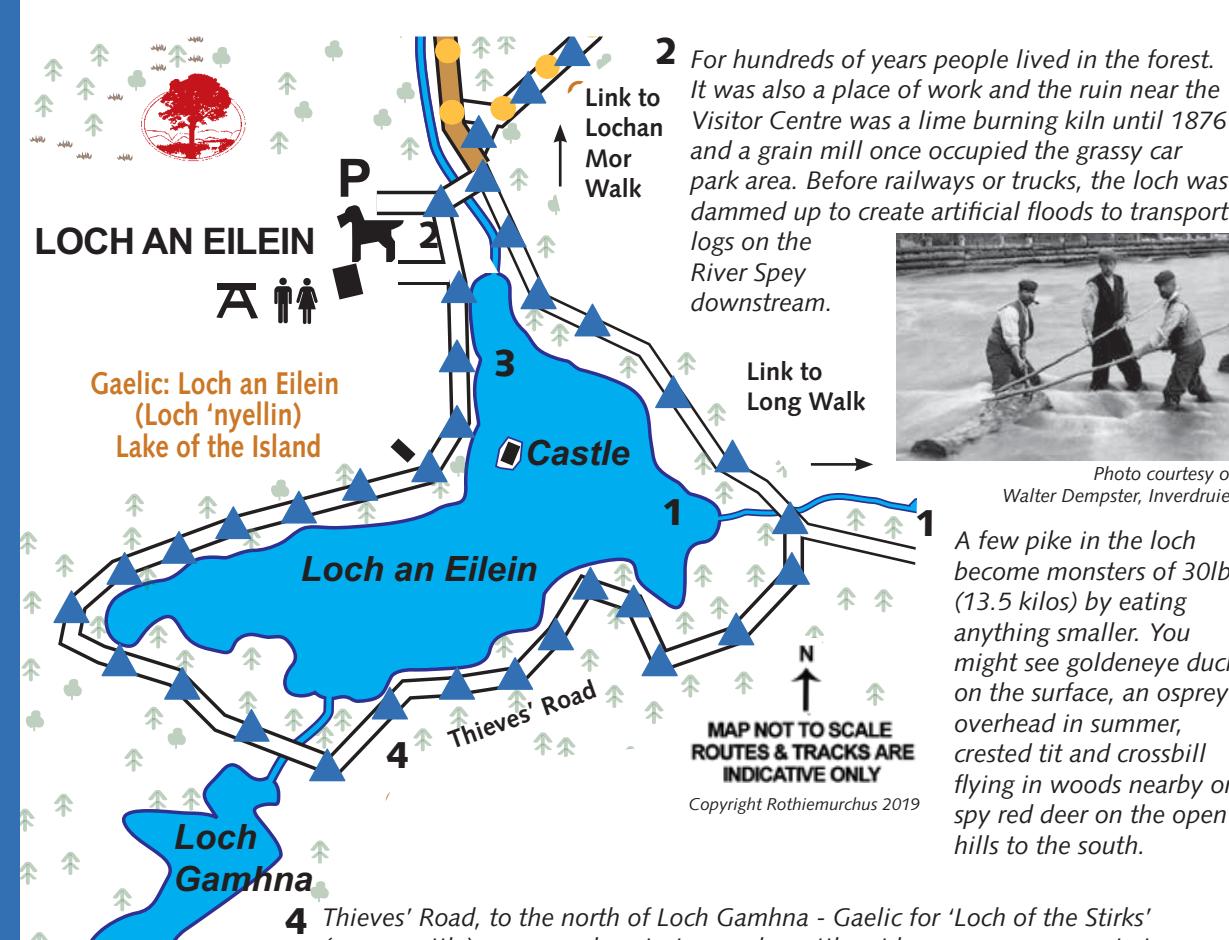
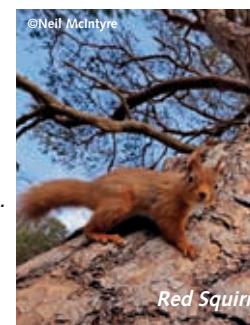


This distinctive, charming, native of the ancient forest can be enjoyed throughout the year feeding among the branches of the Scots Pines.

KEY

- ● ● Old Logging Way (Aviemore - Glenmore)
- ● ● Long Walk (2 options)
- ● ● Lochan Mor Walk
- ▲ ▲ ▲ Loch an Eilein Walk
- Dog Exercise Area
- Public Road
- Track
- Woodland
- Heathland
- Fields
- Glenmore Forest Park
- Glenmore Forest Trails
- P Parking
- Picnic Area
- Refreshments (Loch an Eilein seasonal)
- Camping - facilities
- Public Toilet
- share with care
- we all care by using maintained paths dogs close at heel or on a short lead
- Important Natura 2000 protected area
- Ask a friendly Rothiemurchus Ranger - we are here to help
- 01479 812911 Text: 07887 648675
- rangers@rothie.net
- DO NOT LIGHT FIRES

2 Scots Pine, Birch and Juniper provide a stronghold for many species including Red Squirrel (no greys here!), Scottish Crossbill, Crested Tit and scarce Capercaillie. Our Forest Plan will further improve woodland biodiversity.



2 For hundreds of years people lived in the forest. It was also a place of work and the ruin near the Visitor Centre was a lime burning kiln until 1876 and a grain mill once occupied the grassy car park area. Before railways or trucks, the loch was dammed up to create artificial floods to transport logs on the River Spey downstream.

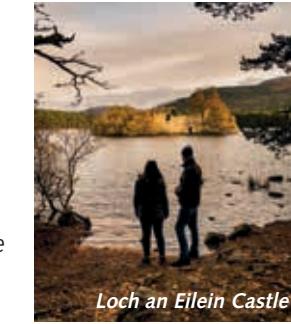


Photo courtesy of Walter Dempster, Inverdruike.

A few pike in the loch become monsters of 30lbs (13.5 kilos) by eating anything smaller. You might see goldeneye duck on the surface, an osprey overhead in summer, crested tit and crossbill flying in woods nearby or spy red deer on the open hills to the south.

Loch an Eilein Walk

Distance: 3 miles (5 km)
Time: 1 – 1½ hours
Wear sturdy shoes or boots
Paths may be wet, muddy, icy, rough or uneven
There is no significant change in gradient throughout the walk

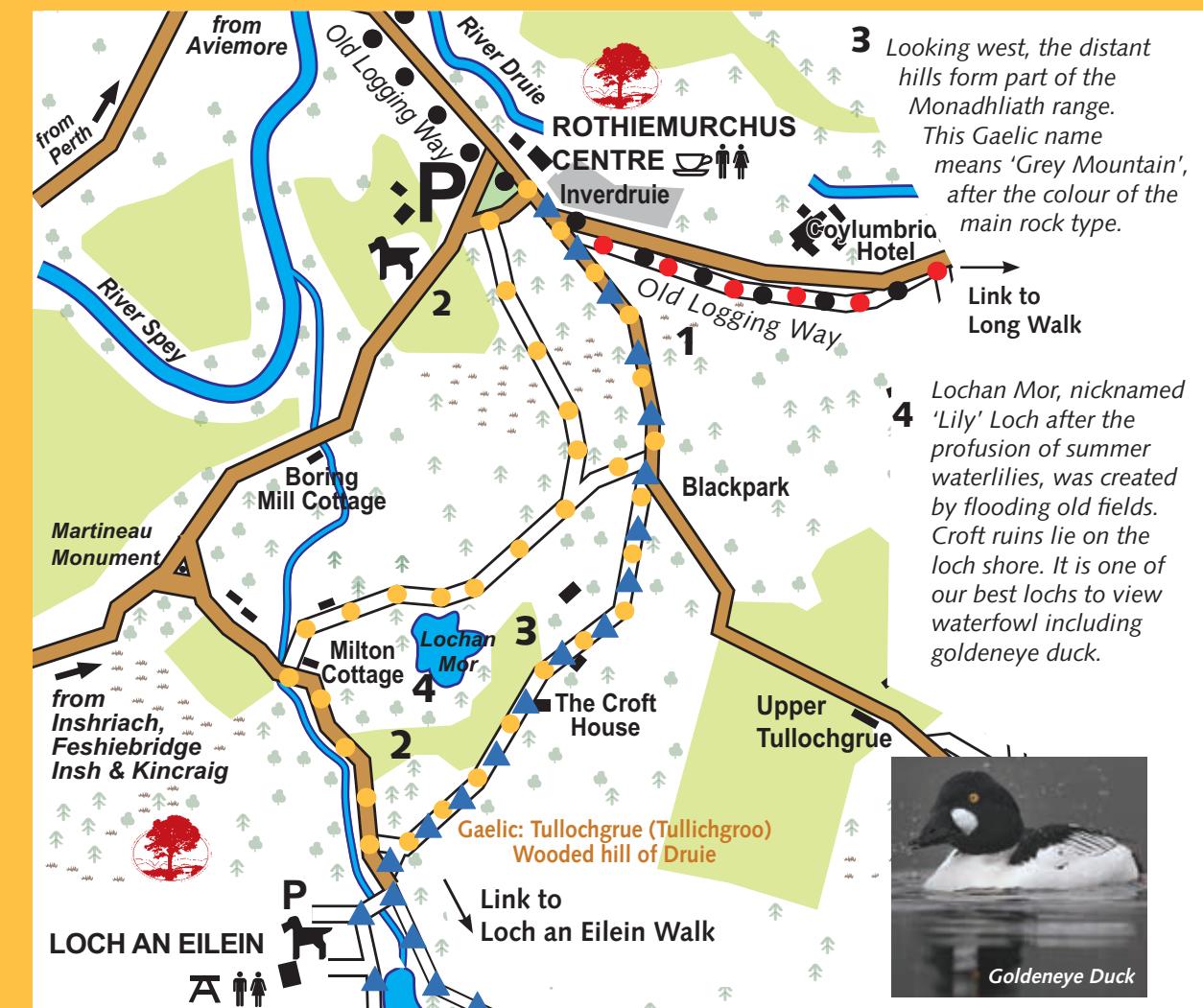


3

After the Battle of Cromdale in 1690, Jacobite troops attacked the castle but were driven off and the castle remained a safe refuge as it had been for many hundreds of years. Ospreys also enjoyed the security of the island and nested here until the early 1900s.

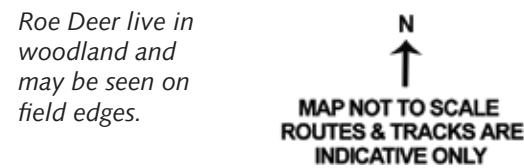
Lochan Mor Walk

Distance: 3 miles (5 km)
Time: 1 – 1½ hours
Wear sturdy shoes or boots
Paths may be wet, muddy, icy, rough or uneven
There is no significant change in gradient throughout the walk



1 Large numbers of scots pine and birch trees are emerging in this area and what was once open heathland will soon be native woodland. Seed from parent trees can be carried for long distances on the wind.

2 Roe Deer live in woodland and may be seen on field edges.



Goldeneye Duck

Loved by generations, cared for by you

TREAD
LIGHTLY
LEAVE NO
TRACE



Rothiemurchus Centre

- The Barn Cafe and Takeaway
- Farm Shop & Deli
- Gift & Card Shops
- Camp & Caravan Park
- Outdoor Activities
- Open all year

Walks | Rothiemurchus by Landrover
 Safaris on Foot | Feed the Deer
 Wildlife watching & Photography
Bike Hire | Quad Bike Trekking
Highland Pony treks and rides
Clay shooting | Fishing | Archery
Treezone Aerial Adventure
Little Landys | Canoeing & Kayaking
River Tubing & Family Float Rafting
Guided Paddleboarding and more.

DISCOVER ROTHIEMURCHUS ON FOOT

Rothiemurchus Centre PH22 1QH | Open Daily 9.30am - 5.30pm
5 mins from Aviemore on the road to Coyerbridge

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SCAN TO DOWNLOAD MAP

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