



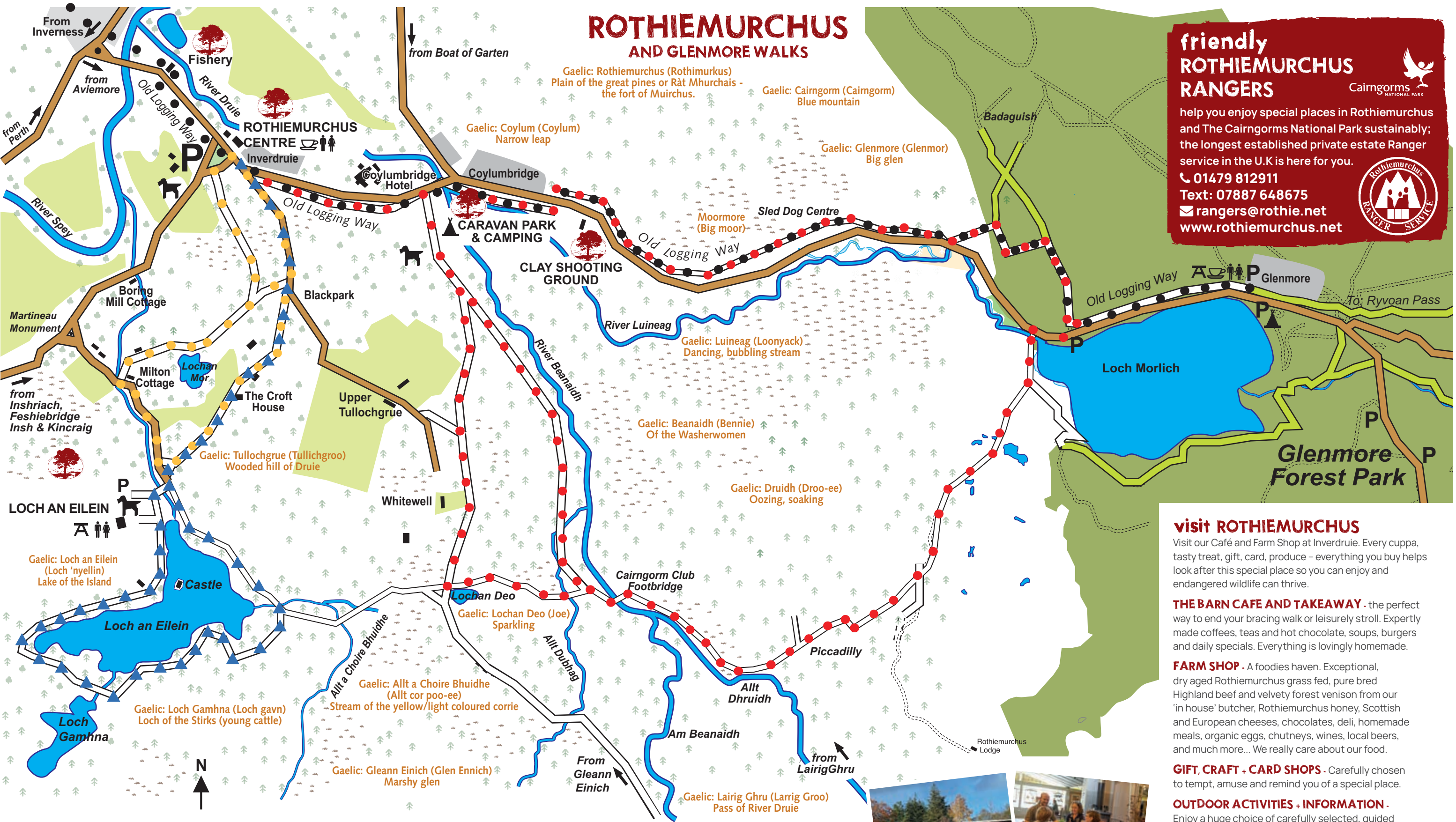
ENJOY

ROTHIEMURCHUS ON FOOT

LOVED BY GENERATIONS,
CARED FOR BY YOU



ROTHIEMURCHUS



Copyright Rothiemurchus 2019 MAP NOT TO SCALE; ROUTES AND TRACKS ARE INDICATIVE ONLY.

Loved by generations, cared for by you

“Rothiemurchus Forest is not just trees, but a wonderfully rich network of habitats and wildlife, interdependent and evolving. The conservation of this diverse, living landscape does not happen by accident. Long-term planning and sensitive use maintain and enhance the forest for future generations. Thank you for your help.”

James Grant, Rothiemurchus



**friendly
ROTHIEMURCHUS
RANGERS**

help you enjoy special places in Rothiemurchus and The Cairngorms National Park sustainably; the longest established private estate Ranger service in the U.K is here for you.

☎ 01479 812911
Text: 07887 648675
✉ rangers@rothie.net
www.rothiemurchus.net



ROTHIEMURCHUS

We have chosen our favourite routes with stunning scenery, to suit all ages and abilities, relaxing, peaceful, away from the stresses of daily life. Perfect for friends and families to share quality time together, for inspiring wildlife lovers, explorers, photographers and for making wonderful memories.

Walking through this 'breathtaking' place where nature and people have thrived together for thousands of years; you'll be rewarded with wildness, ancient forest, wonderful hidden views and unique wildlife.

Buying this map and paying to park helps care for this special place – thank you.

visit ROTHIEMURCHUS

Visit our Café and Farm Shop at Inverdrue. Every cuppa, tasty treat, gift, card, produce – everything you buy helps look after this special place so you can enjoy and endangered wildlife can thrive.

THE BARN CAFE AND TAKEAWAY - the perfect way to end your bracing walk or leisurely stroll. Expertly made coffees, teas and hot chocolate, soups, burgers and daily specials. Everything is lovingly homemade.

FARM SHOP - A foodies haven. Exceptional, dry aged Rothiemurchus grass fed, pure bred Highland beef and velvety forest venison from our 'in house' butcher, Rothiemurchus honey, Scottish and European cheeses, chocolates, deli, homemade meals, organic eggs, chutneys, wines, local beers, and much more... We really care about our food.

GIFT, CRAFT + CARD SHOPS - Carefully chosen to tempt, amuse and remind you of a special place.

OUTDOOR ACTIVITIES + INFORMATION - Enjoy a huge choice of carefully selected, guided or instructed activities in this amazing place, book online at www.rothiemurchus.net





DO NOT LIGHT FIRES



share with care



we all care
by using maintained paths
dogs close at heel or on a short lead

Important Wildlife breeding site March to August

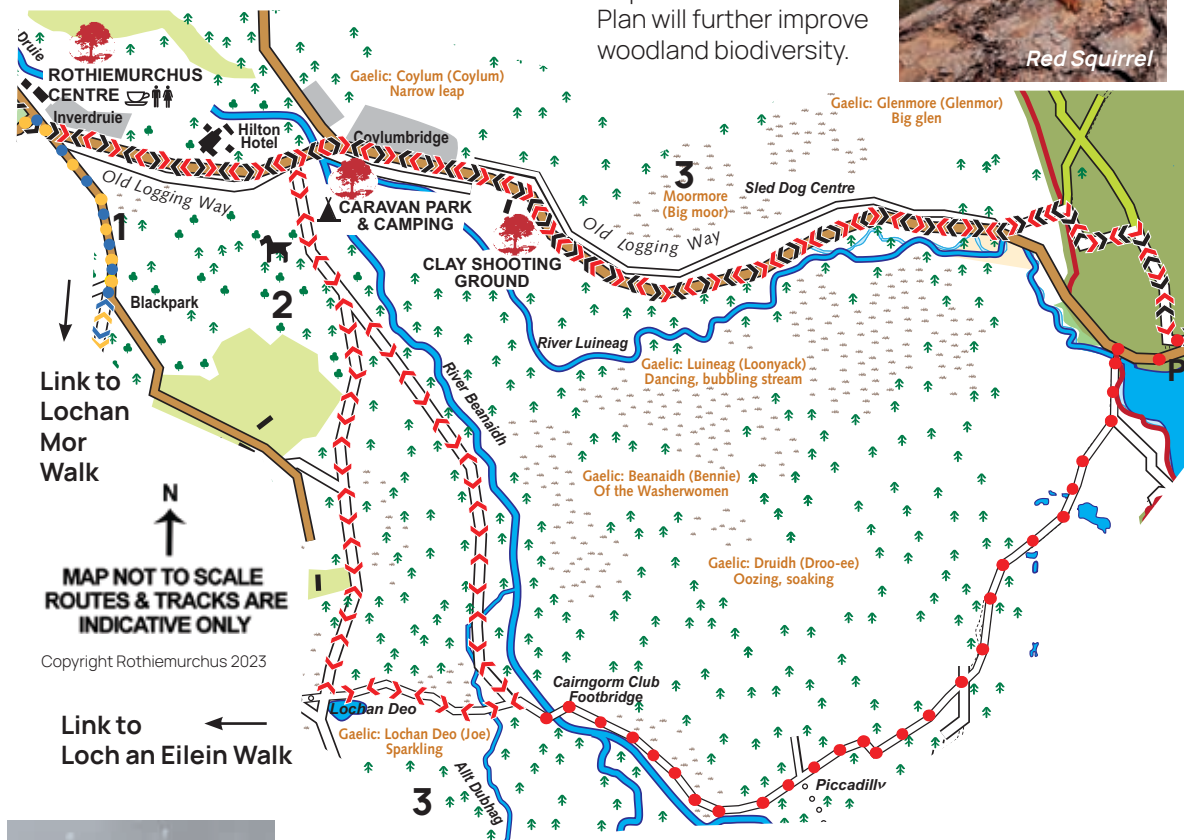
KEY

- Old Logging Way (Aviemore - Glenmore)
- Long Walk (2 options)
- Lochan Mor Walk
- ▲▲▲ Loch an Eilein Walk
- 🐕 Dog Exercise Area
- Public Road
- Track
- Woodland
- Heathland
- Fields
- Glenmore Forest Park
- Glenmore Forest Trails
- P Parking
- A Picnic Area
- ☕ Refreshments (Loch an Eilein seasonal)
- ⛺ Camping - facilities
- 🚻 Public Toilet

The Long Walk

Distance: 10 miles (16.5 km)
Time: 4-5 hours
Wear sturdy shoes or boots
Paths may be wet, muddy, icy, rough or uneven.

2 Scots Pine, Birch and Juniper provide a stronghold for many species including Red Squirrel (no greys here!), Scottish Crossbill, Crested Tit and scarce Capercaillie. Our Forest Plan will further improve woodland biodiversity.



This distinctive, charming, native of the ancient forest can be enjoyed throughout the year feeding among the branches of the Scots Pines.

Over millions of years several ice ages blanketed Scotland with glaciers and their formation and melting shaped this unique mountain area. The last ice age ended 10,000 years ago when plants and trees colonised the landscape, slowly creating an ancient forest.

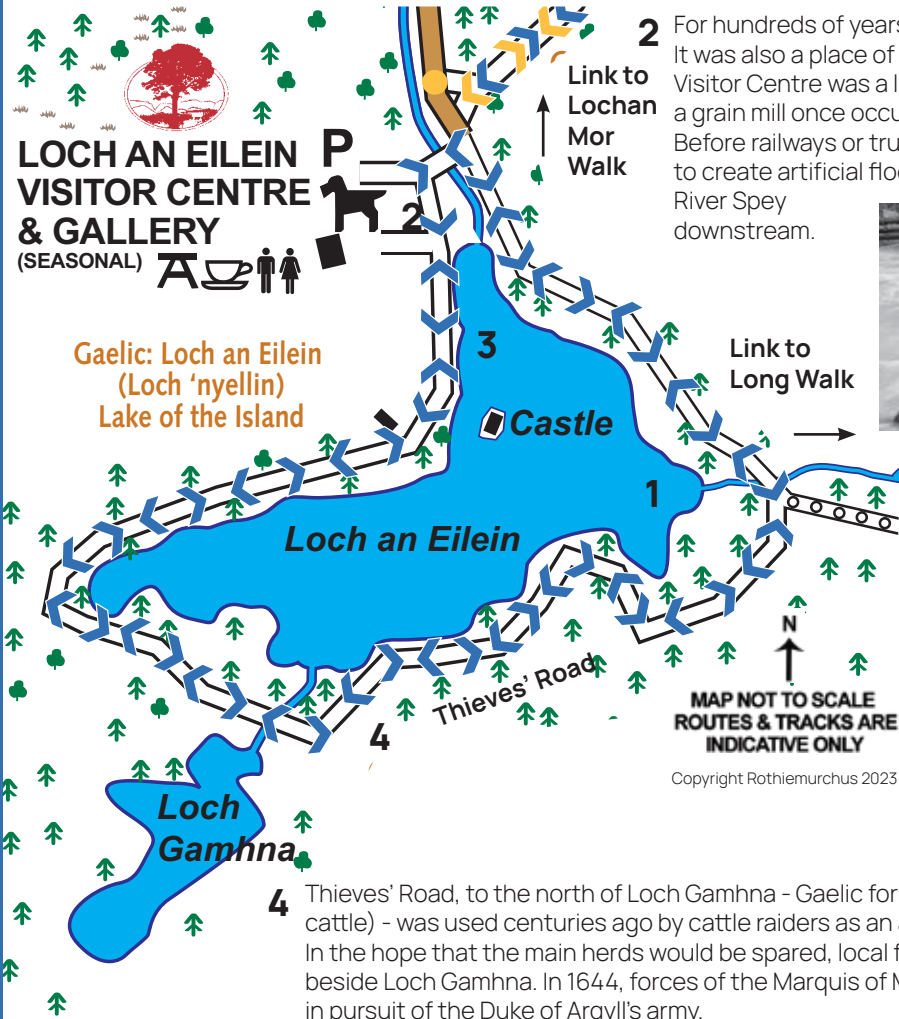
- 1 Natural regeneration has been encouraged for centuries and a new forest of young seeded scots pine and birch covers what was open heath, helping save one of the largest remnants of ancient Caledonian pine forest.
- 3 Boggy areas help increase biodiversity and Rothiemurchus has one of the few important British areas of woodland bog (muskeg). Over thousands of years, waterlogged peat lying on bedrock has formed areas marked by mossy pools and stunted pine trees.

KEY

- Old Logging Way (Aviemore - Glenmore)
- Long Walk (2 options)
- Lochan Mor Walk
- ▲▲▲ Loch an Eilein Walk
- 🐕 Dog Exercise Area
- 🛣️ Public Road
- 🛤️ Track
- 🌲 Woodland
- 🌱 Heathland
- 🌱 Fields
- 🏠 Glenmore Forest Park
- P Parking
- 🍽️ Picnic Area
- 🍹 Refreshments (Loch an Eilein seasonal)
- 🛖 Camping - facilities
- 🚻 Public Toilet



Ask a friendly Rothiemurchus Ranger - we are here to help
01479 812911 Text: 07887 648675
rangers@rothie.net



2 For hundreds of years people lived in the forest. It was also a place of work and the ruin near the Visitor Centre was a lime burning kiln until 1876 and a grain mill once occupied the grassy car park area. Before railways or trucks, the loch was dammed up to create artificial floods to transport logs on the River Spey downstream.



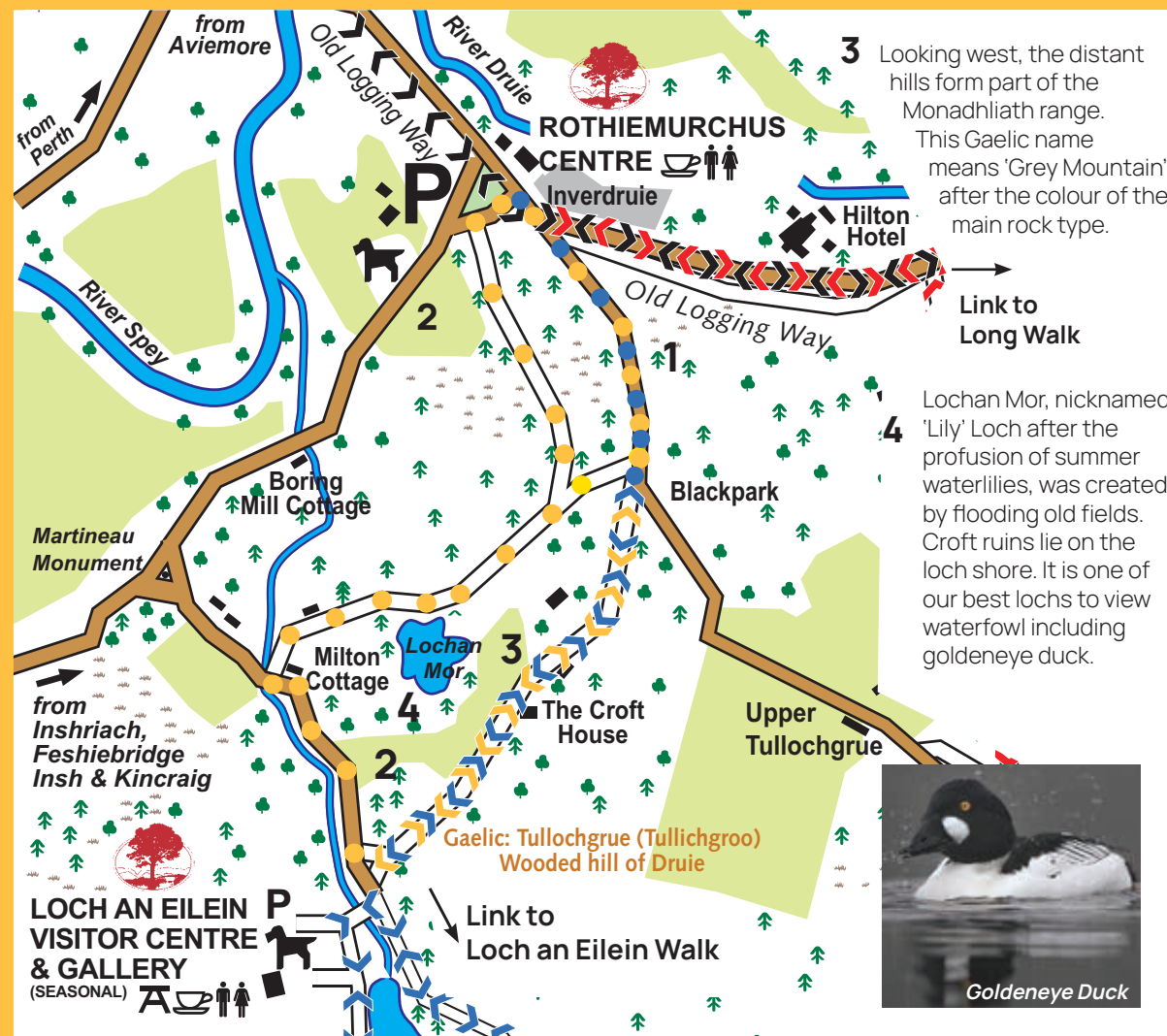
A few pike in the loch become monsters of 30lbs (13.5 kilos) by eating anything smaller. You might see goldeneye duck on the surface, an osprey overhead in summer, crested tit and crossbill flying in woods nearby or spy red deer on the open hills to the south.

4 Thieves' Road, to the north of Loch Gamhna - Gaelic for 'Loch of the Stirks' (young cattle) - was used centuries ago by cattle raiders as an access route to Strathspey. In the hope that the main herds would be spared, local folk tied a few cows to a tree beside Loch Gamhna. In 1644, forces of the Marquis of Montrose marched through in pursuit of the Duke of Argyll's army.

Loch an Eilein Walk

Distance: 3 miles (5 km)
Time: 1 - 1½ hours
Wear sturdy shoes or boots
Paths may be wet, muddy, icy, rough or uneven
There is no significant change in gradient throughout the walk

3 After the Battle of Cromdale in 1690, Jacobite troops attacked the castle but were driven off and the castle remained a safe refuge as it had been for many hundreds of years. Ospreys also enjoyed the security of the island and nested here until the early 1900s.



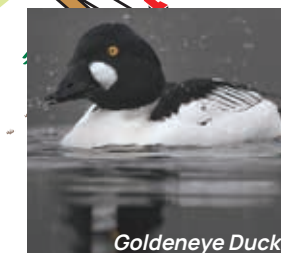
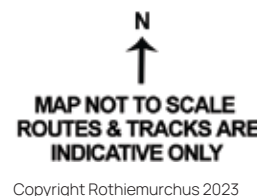
3 Looking west, the distant hills form part of the Monadhliath range. This Gaelic name means 'Grey Mountain', after the colour of the main rock type.

4 Lochan Mor, nicknamed 'Lily' Loch after the profusion of summer waterlilies, was created by flooding old fields. Croft ruins lie on the loch shore. It is one of our best lochs to view waterfowl including goldeneye duck.

Lochan Mor Walk

Distance: 3 miles (5 km)
Time: 1 - 1½ hours
Wear sturdy shoes or boots
Paths may be wet, muddy, icy, rough or uneven
There is no significant change in gradient throughout the walk

- 1 Large numbers of scots pine and birch trees are emerging in this area and what was once open heathland will soon be native woodland. Seed from parent trees can be carried for long distances on the wind.
- 2 Roe Deer live in woodland and may be seen on field edges.



LOVED BY GENERATIONS, CARED FOR BY YOU

TREAD
LIGHTLY
LEAVE NO
TRACE



ROTHIEMURCHUS

- Farm Shop and Barn Café
- Gift & Card Shops
- Camp & Caravan Park
- Outdoor Activities
- Open all year

Walks | 🏠 Rothiemurchus by Landrover

🏠 Safaris on Foot | 🏠 Feed the Deer

🏠 Wildlife watching & Photography

Bike Hire | Quad Bike Trekking

Highland Pony treks and rides

Clay shooting | Fishing | Archery

Treezone Aerial Adventure | Falconry

Little Landys | Canoeing & Kayaking

River Tubing & Family Float Rafting

Guided Paddleboarding and more.

DISCOVER ROTHIEMURCHUS ON FOOT

Rothiemurchus Farm Shop and Barn Café PH22 1QH
5 mins from Aviemore on the road to Coylumbridge

book activities online:
www.rothiemurchus.net

✉ hello@rothie.net

◀◀◀ SCAN TO
DOWNLOAD MAP



ROTHIEMURCHUS